

# 2004 Diabetes Statewide and BRFSS Regional Fact Sheets

Using 2003 data



## Southeast (SE) Behavioral Risk Factor Surveillance Survey (BRFSS) Region

	SE BRFSS Region Rate	State Rate
<b>M</b> ortality <sup>1*</sup>		
Diabetes as the underlying cause of death	29.6/100,000	26.9/100,000
<b>H</b> ospitalization <sup>1*</sup>		
Diabetes (based on inpatient hospital discharges)	18.8/10,000 <sup>H</sup>	16.9/10,000
Preventable Hospitalizations from diabetes (based on acute care hospital discharges)	10.8/10,000 <sup>H</sup>	8.7/10,000
<b>E</b> mergency Room Visits <sup>1*</sup>		
Primary Diagnosis	1.9/1,000 <sup>H</sup>	1.5/1,000
<b>P</b> revalence of Diabetes <sup>2†</sup>		
Total	7.3%	6.9%
Race/ethnicity		
White Non-Hispanic	7.6%	6.8%
Black Non-Hispanic	##	6.8%
Other Non-Hispanic	##	8.3%
Hispanic	##	11.6%
Age		
18-24	##	.30%
25-34	1.3%	1.3%
35-44	4.8%	3.6%
45-54	3.0%	7.1%
55-64	11.9%	12.9%
65-74	12.5%	15.8%
75+	21.7%	15.6%
Annual Household Income		
<\$15,000	15.9%	13.5%
\$15,000-24,999	6.0%	9.1%
\$25,000-49,999	5.9%	6.0%
>\$50,000	3.4%	4.0%
Employment Status		
Employed	2.9%	4.1%
Unemployed	##	1.8%
Other	5.3%	2.9%
Retired	16.5%	16.2%
Disabled	18.7%	21.5%

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	SE BRFSS Region Rate	State Rate
<b>P</b> revalence of Diabetes Continued <sup>2†</sup>		
Educational Attainment		
<High School	9.7%	11.3%
High School Graduate	5.8%	7.3%
Some College or Technical School	7.0%	6.5%
College or Technical School Graduate	8.7%	4.9%
<b>P</b> reventive Care Practices among people with physician diagnosed diabetes <sup>2†</sup>		
At least 1 Physician Visit for Diabetes in the last year	91.7%	90.2%
A1C test: 2 or more times in last year	91.7% <sup>H</sup>	77.5%
Annual Eye exam	63.9%	67.2%
Annual Foot Exam by a Health Care Professional	79.3%	75.1%
Diabetes education: ever	41.4%	54.5%
Annual Flu Immunization	50.6%	60.2%
Pneumonia Immunization	50.1%	51.0%
<b>R</b> isk Factors for complications among those with physician diagnosed diabetes <sup>2†</sup>		
Overweight (BMI 25 to <30)	40.8%	40.4%
Obese (BMI 30+)	42.3%	44.0%
Physical Inactivity (no physical activity)	32.4%	60.1%

 indicates that the prevalence or rate is not significantly above or below state prevalence or rate

 indicates that the prevalence or rate is significantly above the state prevalence or rate

 indicates that the prevalence or rate is significantly below the state prevalence or rate

\*Rates are age adjusted to the 2000 U.S. standard population

† Respondents are 18 years of age or older with physician diagnosed diabetes

## Prevalence information not available (insufficient sample size to generate statistics)

<sup>1</sup> Missouri Information for Community Assessment. (2005). <http://www.dhss.mo.gov/MICA/>. Retrieved August 3, 2005.

<sup>2</sup> 2003 Missouri Behavioral Risk Factor Surveillance System. Office of Surveillance, Evaluation, Planning, and Health Information. Division of Community and Public Health, Missouri Department of Health and Senior Services.



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